



SUPER AGEING

LIVING LONGER BETTER

Join Bridget Scanlon (Psychologist) and Anne Sammells (Physiotherapist) to hear about the latest research and recommendations.

What is SuperAgeing?
What matters at 40, 50, 60, 70,
80 and beyond?

THURS 16TH FEB 4:30PM
EMPOWER REHAB
365 BELL ST, BELLFIELD

To help us manage numbers please email
info@empowerrehab.com or call 94593344 to register.