



**S U P E R A G E I N G**

**LIVING  
LONGER  
BETTER**

What is SuperAgeing?  
What matters at 40, 50, 60, 70,  
80 and beyond?

Join Bridget Scanlon (Psychologist)  
and Anne Sammells (Physiotherapist)  
to hear about the latest research and  
recommendations.

**TUES 30TH MAY 4PM  
EMPOWER REHAB  
365 BELL ST, BELLFIELD**

To help us manage numbers please email  
[info@empowerrehab.com](mailto:info@empowerrehab.com) or call 94593344 to register.