

## SUPERAGEING

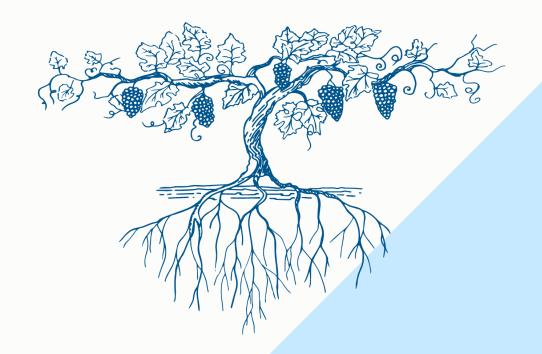
## LIVING LONGER BETTER

What is SuperAgeing? What matters at 40, 50, 60, 70, 80 and beyond?

Join Bridget Scanlon (Psychologist) and Anne Sammells (Physiotherapist) to hear about the latest research and recommendations.

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